



Alstonville Anglicans

Ephiphany 6

Bulletin for Thurs 13th Feb - 16th Feb 2020

We acknowledge and pay respect to the traditional custodians of the land, on which we worship, work and meet, the Bundjalung people. We recognise the significant role the past and future Elders play in the life of the region. We are mindful that within and without the beautiful sandstone church, the Land always was and always will be Bundjalung Land.



How righteousness works in daily life

The Pharisees said that righteousness consisted of performing certain actions,.....doing things. However, Jesus wanted people to know that your relationship with God was all about how you were thinking Your motivation.

It was the same with sin. The Pharisees had a list of external actions that were sinful, but Jesus explained that sin (falling short of God's plan for us) actually begins with having the wrong attitude.

So, in the Gospel today Jesus speaks plainly about the effect of wrong attitudes or wrong thinking.

We are told that anger is murder in the heart. Jesus didn't say that anger leads to murder; He said that anger IS murder. Anger is an unhelpful thing which makes us destroyers instead of builders. Anger robs us of freedom and makes us prisoners. To hate someone is to commit murder in our hearts.

Similarly, lust is actually adultery and envy is in effect stealing.

**Please note a hearing loop is installed on the right hand side of St Barts.
Please turn off your mobile phone during worship. Toilets are located in the front of the Hall.
First Aid Kits are located in the Church & the Hall.**

Jesus taught that our conversation should be so honest and our character so true that we don't need to "swear by the hair of your chinny, chin, chin" or "cross my heart and spit" to have people believe us.

Words depend on character and swearing oaths can't compensate for a poor character. The more words someone uses to convince us, the more suspicious we should be.

We honour God by being thoughtful about what we say.

North Coast Anglican

The North Coast Anglican for 2020 will be a magazine style publication every 3 months and a monthly electronic newsletter. Further information regarding deadlines for submissions can be obtained from the office.

Pastoral Care Meals

There are some containers for collection from Pastoral Care meals in the parish office.

Annual Report & AGM

Could reports for the Annual Report please be emailed to the office by the 28th February. The AGM will be held Sunday 15th March 10am.

Queensland Ballet

This is Charlie Slater's first year as a QB company member and he is performing in the '60th Anniversary Gala' which runs 20-28th March. Can we get a group together for the Sat or Sun matinee 1.30pm 21st /22nd March? Come along and support Charlie. Contact: Sherry Ann 0402492531..

Bible Readings

16th February	8.00am	1 Corinthians 3:1-9	Matthew 5:21-37
23rd February	8.00am	Exodus 24:12-18	Matthew 17:1-9

Rosters Sunday 23rd February 8.00am (4th Sunday team)

Person in Charge: Johnny Sernberg **Worship Leader:** Helen Nicholson

Music: Ros Sharp **Sound:** Shane McBurney

Flowers: Gerri White, Sheila Hobbs, Narelle Smee

Church Cleaning: Barb & Barry Campey

Sharing the *GOOD LIFE* through



and partnering with God, creating heaven on earth

Thank you to those who are sharing their ideas, hopes and offers to be involved, as we nurture existing Groups where Life is being already celebrated throughout our church community, and as we seek to create new Life Groups, including:

Our celebrated Op Shop and Play Place which are different expressions of Life Groups, brilliantly creating opportunities for young parents, children and people from all walks of life, to be enriched and blessed by the loving care expressed by our many volunteers.

Already Dave and Cathy are planning to begin a Life Group focusing on discussion of topics of interest and which will enable people in the church and beyond to explore an authentic 21st century faith.

Geoff and Carol are inviting people to create a Life Group with them, that will involve walking the Ballina walk and cycle paths on a Saturday morning, followed by friendly discussion in a coffee shop.

Desiree will be involved with the creation of a new Life Group for parents and friends at Emmanuel College, commencing on Thursday mornings and in March they will focus on Mindfulness Meditation.

John and Jenny are creating a very different expression of a Life Group in their home. More will be revealed shortly.

I will lead a short-term Lent Life Group at the church on the 4 Tuesdays commencing at 9am 10th March. Please register with name and phone number at the church office.

Please keep your ideas coming and look out for how you might want to participate this year.

Greg Ezzy 0412660742 gregezy42@gmail.com



30 years Anniversary Lismore Soup Kitchen

You are invited to attend this celebration. Friday 21st February 2020 at 7pm. Generation Go Church, 7 Union St Lismore. Coffee and cake served on the night. RSVP by 10th Feb Mieke Bell 04 07789528

ANGLICAN PARISH OF ALSTONVILLE

Ministers	all the baptised!	
Rector	The Reverend Dr Desiree Snyman	04 02 764 969
	priest@anglicans.live	
Associate	The Reverend John Kidson	04 11 394 213
	The Reverend Geoff Vidal	04 47 645 456
	Life Groups Chaplain	
	The Reverend Greg Ezzy	04 12 660 742
Parish Office:	The Ministry Centre, 8 The Avenue, Alstonville	
Telephone:	6628 0231	
Postal:	PO Box 451, Alstonville NSW 2477	
e-mail:	office@anglicans.live	
website:	anglicans.live	

The Anglican Op Shop 1 The Avenue, Alstonville **Tel: 6628 8777**

We give thanks to God for all people making offertories to the vision of God's Kingdom here on earth. If you would like to contribute electronically to the Parish Provider these are the details: **BSE: 705 077 / Acc: 32931**

THIS WEEK IN OUR PARISH

Sunday	16th Feb	8.00am 4.00pm 6.00pm	Holy Communion St Barts Families @4 (in recess) Sunday@6 St Bart's
Monday	17th Feb	9.30am 10.00am 10.30am 1.00pm	Mothers Union Meeting at Orios Prayer Meeting St Bart's Life Group (in recess) Sew Helpful
Tuesday	18th Feb	1.30pm	Life Group at Carol Stone's home
Wednesday	19th Feb	9.00am	Meditation Group, St Bart's
Thursday	20th Feb	9.30am 6.00pm	Play Place Contemplative Church,
Friday	21st Feb	10.00am 2.00pm	Holy Communion, St Bart's Choir Practice, St Bart's
Saturday	22nd Feb		
Sunday	23rd Feb	8.00am 10.00am 4.00pm 6.00pm	Holy Communion St Barts Holy Communion, St Peter & St Paul's, Tregeagle Families @4 (in recess) Sunday@6

Ash Wednesday

There will be an Ash Wednesday Service Wednesday 26th February, 8am.