

# Sunday 7th April 2024

## Welcome



# **Sharing the Good Life**

We acknowledge the Bundjalung people, traditional custodians of the Land.

Our doors are open: LGBTQIA+ welcome here.

Streaming licence: CCLI 102220

Alstonville Anglicans are committed to ensuring that all people who participate in our worship, programs and ministries have a safe and rewarding experience.

Tel: 66280231 www.anglicans.live Bank account: BSB 705 077 / Acc:00032931

7 <sup>th</sup> April – 14 <sup>th</sup> April		
7 <sup>th</sup> April	9am	<b>Sunday</b> Holy Communion
8 <sup>th</sup> April		Monday
•	9am-12pm	Parish Office
	9am-3pm	Op Shop
	10am	Anam Cara
	10am	Deadline for bulleting items
9 <sup>th</sup> April		Tuesday
•	9am-12pm	Parish Office Closed
10 <sup>th</sup> April		Wednesday
	9am-12pm	Parish Office
	9am	Anam Cara
	9am-3pm	Op Shop
11 <sup>th</sup> April		Thursday
·	9am-12pm	Parish Office
	9am-3pm	Op Shop
	9.30am	Play Place
12 <sup>th</sup> April		Friday
•	10am	Holy Communion
13 <sup>th</sup> April		Saturday
14 <sup>th</sup> April		Sunday
•	9am	Holy Communion

This bulletin contains current announcements and the week's calendar and the sermon notes from the previous Sunday. Use our welcome booklet for info and contact details for regular activities. Keep it as a reference tool. We welcome any feedback on the booklet.../.../.../welcomeBooklet\_v3.pdf

#### Confirmation

Bishop Murray will be visiting the Parish on Sunday  $6^{th}$  October. If you are interested in being confirmed please complete the application form and speak to Rev Desiree. Forms are available in the Parish Office and via the website.

# Annual Fete Saturday 11<sup>th</sup> May 8am-1pm Plants

We need plants to be potted up for the fete. Appropriate labelling is helpful. Enquiries Barbara Fewtrell 0429385713

#### **Cakes**

Request for brightly coloured cupcakes to be made. Coordinator: Robyn Beck.

#### Floral arrangements

Chrysanthemums and gerberas required. Coordinator: Gladys Charters.

#### **Produce**

Home grown produce required. Coordinator: Ken Brown.

#### Sew Helpful Craft

Sew Helpful would like some help in replenishing their supplies for the fete. Any items you would like to make would be most welcome but some items we need are: baby jackets, bunny rugs, scarves, microwave bowl holders, coat hangers – adult size, teapot cosies.

Thank you for your help.

#### 2024 Fete Raffle

3 Great Prizes @ valued at \$40 – Dining Voucher, Pamper Voucher, Outdoor Voucher. If you would like to make a monetary donation towards these vouchers you can leave them at the Parish Office or contact Susan Fitzpatrick.

# A return to the Common Cup Desiree Snyman

#### A return to the Common Cup: Intentional and gradual

From 2022 we have been encouraged by the Bishop of Grafton to return to the Common Cup in Holy Communion. This practice, dating back to ancient Christianity, involves using a shared chalice for the consecrated Wine, symbolizing the Blood of our Lord Jesus Christ. The Common Cup tradition has its roots in the practices of Christ himself, making it rich in spiritual, psychological, theological, and biblical significance.

#### **Summary:**

- Within the Center for Disease Control, the consensus is "that a theoretic risk of transmitting infectious diseases by using a common communion cup exists, but that the risk is so small that it is undetectable."
- Beginning in Easter, we will return to the Common Cup.
- Following best practice recommendations, we will not allow "intinction" (the dipping of the bread into the Common Cup).

- The Church has long held that if you take only one form of Communion (either the bread or the wine), you are fully communed; thus no one should feel pressured to sip from the Common Cup.
- Instead of discouraging physical touch (like hugs and handshakes), we strongly encourage everyone to wash their hands before and after worship to help reduce both common and serious illnesses.
- Those who distribute the wine will, as usual, "wipe and turn" the chalice after each sip.

Grace and peace to you, The Rev'd Dr Desiree Snyman RECTOR

### Sentence of the Day

'Peace be with you,' says the Lord. 'As the Father has sent me, so I send you.' John 20.21

#### Collect

Risen Christ,
whose absence leaves us in despair
but whose presence is overwhelming:
breathe on us with your abundant life,
that where we cannot see
we may have courage to believe
that we may be raised with you. **Amen**.

#### John 20:19-31

19 When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, 'Peace be with you.' 20 After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. <sup>21</sup> Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' 22 When he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. 23 If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.' 24 But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. 25 So the other disciples told him, 'We have seen the Lord.' But he said to them, 'Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe.' 26 A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, 'Peace be with you.' 27 Then he said to Thomas, 'Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.' 28 Thomas answered him, 'My Lord and my God!' 29 Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.' 30 Now Jesus did many other signs in the presence of his disciples, which are not written in this book. <sup>31</sup> But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.