



Alstonville Anglicans

Ephiphany 5

Bulletin for Thurs 6th Feb - 9th Feb 2020

We acknowledge and pay respect to the traditional custodians of the land, on which we worship, work and meet, the Bundjalung people. We recognise the significant role the past and future Elders play in the life of the region. We are mindful that within and without the beautiful sandstone church, the Land always was and always will be Bundjalung Land.

Salt and Light

Jesus doesn't say, "You will be the salt of the earth" or "You have within you the potential to become the salt of the earth." He says, "You ARE the salt of the earth". We are being told that, by God's grace, the miracle of our transformation has already begun.

Salt has little influence while sitting in a salt shaker. However, it has great value when we mix it, in the right proportions, into our food. When it is sprinkled on (or cooked into) our food, it changes the food into something very tasty and desirable.

Our congregations are sometimes small, but that doesn't matter. Just as a few grains of salt can make a big difference in food, so also a few faithful Christians can make a big difference in the world.

Jesus also says to his disciples, "You are the light of the world." Our light comes from our relationship to Christ. Our light is not our own, but is the reflection of Jesus' light.

Christ intends each of us to be a light. Some will be small lights and some will be bigger, but we are all to shine brightlya thousand points of lighta million pointsa billion!

If every Christian had her or his light turned on, this would be a very different world!

**Please note a hearing loop is installed on the right hand side of St Barts.
Please turn off your mobile phone during worship. Toilets are located in the front of the Hall.
First Aid Kits are located in the Church & the Hall.**

The Gospel according Matthew 5:13-20

¹³ "You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet. ¹⁴ "You are the light of the world. A city set on a hill cannot be hidden. ¹⁵ Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. ¹⁶ In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven. ¹⁷ "Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. ¹⁸ For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished. ¹⁹ Therefore whoever relaxes one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰ For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

Annual Report & AGM

Could reports for the Annual Report please be emailed to the office by the 28th February. The AGM will be held Sunday 15th March 10am.

Queensland Ballet

This is Charlie Slater's first year as a QB company member and he is performing in the '60th Anniversary Gala' which runs 20-28th March. Can we get a group together for the Sat or Sun matinee 1.30pm 21st /22nd March? Come along and support Charlie. Contact: Sherry Ann 04 024 92531..

Ash Wednesday

There will be an Ash Wednesday Service Wednesday 26th February, 8am.

Anam Cara

Wednesday 12th February at 9am

Pastoral Care Meeting

Wednesday 12th February 11am.

Rosters Sunday 16th February 8.00am (3rd Sunday team)

Person in Charge: Mark Stuckey **Worship Leader:** Iris Cowie

Music Choir Sound: Mark Stuckey

Flowers: Nancy West, Joyce Shepherd, Jane Cooke

Church Cleaning: Lynne Watt and Paul Earner



Thank you to Desiree and Parish Leaders for the invitation to join up with you again - this time to support you in revitalizing the current LIFE GROUPS and creating new ones. I love the Parish's vision of sharing the good life and partnering with God in creating heaven on earth. I see Life Groups, with their ability to draw

people

together, and to offer opportunities for people to connect with others within and beyond the church family, being a great way to live into the Parish family's vision for the future.

During the week I visited the SEW HELPFUL group who meet on Monday afternoons at 1pm and was inspired by the enjoyment that participants experienced as they work at different crafts. What a wonderful way they contribute to breast cancer survivors, by making Knitted Knockers and organizing gift packs to women in hospitals throughout the North Coast, as they recover from mastectomies. While supporting each other with their presence, the group are also known for their knitting of beanies for the Winsome Hotel Soup Kitchen people.

If you know of anyone who might be interested in participating in this fantastic Life Group, can you give a warm invitation to come along or maybe come with them to make the introduction to the group easier.

I also visited the Tuesday 1.30pm LIFE GROUP which this term is focusing on healing outmoded images of God that many of us have grown up with. It is a discussion group where each week, members read a chapter of a book called GOATS, and come together for an hour or so and talk to or listen with, one another to explore what might be more authentic ways of relating to the Creator. They are a very welcoming, supportive and enquiring group who will welcome any interested people to come and have a cuppa, some refreshments, and enjoy the conversation.

If you have an idea for creating a new Life Group, please give me a call.
Greg Ezzy 0412660742.



30 years Anniversary Lismore Soup Kitchen

You are invited to attend this celebration. Friday 21st February 2020 at 7pm. Generation Go Church, 7 Union St Lismore. Coffee and cake served on the night. RSVP by 10th Feb Mieke Bell 04 077 89528

Bible Readings

9th February	8.00am	Isaiah 58:1-9a	Matthew 5:13-20
16th February	8.00am	Deuteronomy 10:12-22	Matthew 5:21-37

ANGLICAN PARISH OF ALSTONVILLE

Ministers	all the baptised!	
Rector	The Reverend Dr Desiree Snyman	04 02 764 969
	priest@anglicans.live	
Associate	The Reverend John Kidson	0411 394 213
	The Reverend Geoff Vidal	0447 645 456
	Life Groups Chaplain	
	The Reverend Greg Ezzy	0412 660 742
Parish Office:	The Ministry Centre, 8 The Avenue, Alstonville	
Telephone:	6628 0231	
Postal:	PO Box 451, Alstonville NSW 2477	
e-mail:	office@anglicans.live	
website:	anglicans.live	

The Anglican Op Shop 1 The Avenue, Alstonville **Tel: 6628 8777**

We give thanks to God for all people making offertories to the vision of God's Kingdom here on earth. If you would like to contribute electronically to the Parish Provider these are the details: **BSE: 705 077 / Acc: 32931**

THIS WEEK IN OUR PARISH

Sunday	9th Feb	8.00am	Holy Communion St Barts
		10.00am	Holy Communion, St Peter & St Pauls, Tregeagle
		4.00pm	Families @4 (in recess)
Monday	10th Feb	6.00pm	Sunday@6 St Bart's
		10.00am	Prayer Meeting St Bart's
		10.30am	Life Group (in recess)
Tuesday	11th Feb	1.00pm	Sew Helpful
		7.30am	Women's Birthday Breakfast Nat's Wollongbar
		7.30am	Men's Breakfast, 86 on Main
Wednesday	12th Feb	1.30pm	Life Group at Carol Stone's home
		9.00am	Meditation Group, St Bart's
		11.00am	Pastoral Care Meeting
Thursday	13th Feb	9.30am	Play Place
		12.00pm	Fellowship Lunch, Bungaraya
		6.00pm	Contemplative Church,
Friday	14th Feb	10.00am	Holy Communion, St Bart's
		2.00pm	Choir Practice, St Bart's
Saturday	15th Feb		
Sunday	16th Feb	8.00am	Holy Communion St Barts
		4.00pm	Families @4 (in recess)
		6.00pm	Sunday@6